

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Aikido</b> (Suite B)	Open 9:00-10:30 am	Fundamentals 6:30-7:30 pm Keiko 7:40-8:40 pm	Keiko 7:15-8:45 pm		Keiko 7:15-8:45 pm	Fundamentals 6:30-7:30 pm** Keiko 7:40-8:10 pm**	
<b>Kids Aikido</b> (Ages 6-13)			Kids Aikido 6:00-7:00 pm (Suite C)		Kids Aikido 6:00-7:00 pm (Suite B)	Kids Aikido 5:00-6:00 pm (Suite B)	
<b>Kendo</b> (Suite C)	All Levels 1:00 –3:00 pm			All Levels 7:30-9:00 pm			
<b>Katori Shinto Ryu*</b>							All Levels 9:30 am-12:30 pm (Dates on Home Page)
<b>Tai Chi</b> (Suite B) (Suite C)			Fundamentals 6:00-7:00 pm Applications 7 :00-8 :00 pm				
<b>Yoga</b>			Gentle Yoga (Kriya Yoga) 4:00-5:30 pm (Suite B)	Kids Yoga 4:30-5:30 pm (Ages 3-12) (Suite C)		Iyengar Yoga 6:00-7:15 pm** (Suite C)	
<b>Kempo Jujitsu</b> (Suite C)		Kids (Ages 6-10) 5:00-5:45 pm Adults 6:00-7:15 pm			Kids (Ages 6-10) 5:00-5:45 pm Adults 6:00-7:15 pm		

Classes in **green** for all levels, including beginners; in **red** after 8 days' practice; in **purple** for Kids

\*Katori Shinto Ryu for regularly enrolled Redlands Aikikai students on two Saturdays a month, dates at [www.aikidoredlands.org](http://www.aikidoredlands.org)

\*\*Canceled on Seminar/Camp dates.