

# Blue Belt – Teamwork

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Everyone has many opportunities to show teamwork. Working as a team is important in the Dojo, at home, also at school.

There are many ways to show teamwork at the dojo.

1. Showing your partner a technique.
2. Working to have the group lineup quickly, quietly, and efficiently.
3. During games.
4. Helping out the instructor.

Can you come up with 3 more ways to show teamwork at the dojo?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

There are many ways to show teamwork outside the Dojo.

1. Helping your group at school during class time.
2. On the playground.
3. Working with your family to complete tasks such as cleaning, cooking, laundry.
4. Doing school projects as a team.

Can you come up with 3 more ways to show teamwork outside the Dojo?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Can you come up with three other places you can use teamwork?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Why is teamwork important to you? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Comments: \_\_\_\_\_

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